# November

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
| **2**<br>**9a** **GROCERY RUN:** Trader Joe's<br>**11a** Game of the Month: Rumikub<br>**12p** Monday Munch Bunch<br>**2p** Mini Series Monday: Queen's Gambit - Finale | **3**<br>**9a** Crepe Breakfast<br>**10a** Chair Aerobics<br>**11:30a** Guided Meditation<br>**1:30p** **EXCURSION:** Voting<br>**3:15p** Tai Chi Class | **4**<br>**10a** Pumpkin Spiced Latte<br>**11a** Thanksgiving Decoupage<br>**2p** Music & Life of John Denver with Larry | **5**<br>**10a** **Grove Academy:** Free Memory Screening I<br>**2p** **Grove Academy:** Living Well Connections<br>**3:15p** Tai Chi Class | **6**<br>**10a** **JSL EVENT:** What matters Most: The Power of Palliative Care *at The Summit*<br>**1p** Croquet Mini Golf<br>**3p** Mahjong<br>**6p** Pizza Party |
| **9**<br>**9a** **GROCERY RUN**: Wegmans<br>**11a** Game of the Month: Rumikub<br>**12p** Monday Munch Bunch<br>**2p** Movie Monday: Eurovision Song Contest: The Story of Fire Saga | **10**<br>**10a** Chair Yoga<br>**11:30a** Guided Meditation<br>**2:30** Pet Therapy<br>**3:15p** Tai Chi Class | **11**<br>**2p** **EXCURSION:** Veterans Day Celebration at Buckland Park<br>**3p** Lilac Grove Art Appreciation Walk - 3rd Floor<br>**4p** Honoring Our Veteran Grovers | **12**<br>**9a** Waffle Breakfast<br>**10a** **Grove Academy:** AAA on Travelling as a Senior<br>**1p** Resident Advisory Group + Activity Planning<br>**2p** **Grove Academy:** Free Memory Screening II<br>**3:15p** Tai Chi Class | **13**<br>**11a** **EXCURSION:** Pittsford Dairy<br>**1p** Jeopardy<br>**3p** Tabletop Game Time<br>**4p** Euchre |
| **16**<br>**9a** **GROCERY RUN:** Tops<br>**11a** Game of the Month: Rumikub<br>**12p** Monday Munch Bunch<br>**2p** Movie Monday: Murder Mystery | **17**<br>**9a** English Muffin Breakfast<br>**10a** Chair Yoga<br>**11:30a** Guided Meditation<br>**2p** Cardio Drumming<br>**3:15**p Tai Chi Class | **18**<br>**11a** Freestyle Acrylics<br>**2p** Jake the Snake<br>**3p** Community Scultpure Project | **19**<br>**11a** Tech Help for Apple Devices<br>**2p** **Grove Academy w/Carl:** Savvy Shopping<br>**3:15p** Tai Chi Clas<br>**3:30p** **EXCURSION:** Music Man Dress Rehearsal at BHS | **20**<br>**1p** Bingo<br>**4:30p** Grover Group Photo for Time Capsule<br>**5p** Time Capsule Closes<br>**6p** Potluck |
| **23**<br>**9a** **GROCERY RUN:** Aldi's<br>**11a** Game of the Month: Rumikub<br>**12p** Monday Munch Bunch<br>**2p** Movie Monday: Murder Mystery 2 | **24**<br>**9:30a** Fitness Circuit<br>**10:30a** Guided Meditation<br>**12p** Resident & Prospect Mingle<br>**2p** **Grove Academy:** Emergency Preparedness + Fire Drill | **25**<br>**9a** Croissant Breakfast<br>**11a** Finger Crochet Chunky Seat Warmers<br>**2p** Gratitude Tree<br>**3p** Fall Felting | **26 *THANKSGIVING DAY***<br>**OFFICE CLOSED** | **27**<br>**OFFICE CLOSED** |
| **30**<br>**9a** **GROCERY RUN:** Whole Foods<br>**11a** Game of the Month: Rumikub<br>**12p** Birthday Munch Bunch<br>**2p** Movie Monday: The Devil Wears Prada | **1**<br>**10a** Chair Aerobics<br>**11:30a** Guided Meditation<br>**1:30p** Walking Club<br>**3:15p** Tai Chi Class | **2**<br>**10a** Constellation Crafting<br>**12p** **EXCURSION:** Planetarium + RMSC | **3**<br>**2p:** Tech Help for Apple Devices<br>**3:15p** Tai Chi Class<br>**6p** **Grove Academy:** 10 Healthy Habits for your Brain Health | **4**<br>**10a** Pancake Breakfast<br>**1p** Croquet Mini Golf<br>**4p** Fun Card Games |

2026

## Calendar Key

**Mondays** – Community: Social connection. | **Tuesdays** – Wellness: Fitness, mindfulness, and healthy living. | **Wednesdays** – Creativity: Arts, crafts, music, and self-expression. | **Thursdays** – Learning & Discovery: Workshops, lectures, and technology. | **Fridays** – Fun & Celebration: Themed socials, entertainment, and celebrations.
**MEETING PLACES** – All Lilac Grove activities take place in the Community Room, except where otherwise noted.

## Around Town

Nov 6, 7:30p **Rochester Philharmonic Orchestra presents Raiders of the Lost Ark** at the Kodak Hall at Eastman Theater. Tickets available at: https://rpo.org/events/

Nov 12, 7p **Drag Bingo Fundraiser for Human Rights Campaign** at Comedy @ the Carson. Event info on their website: https://ci.ovationtix.com/35843/

Nov 20-22 **RMSC Holiday Bazaar** is in its 45th year! A spectacular variety is available, with more than 150 vendors showcasing creative fine arts and unique crafts that make for excellent gifts. Tickets available at: https://rmsc.org/events/holiday-bazaar/

Nov 21, 1p **A Star is Born** plays at the Dryden Theatre on 35mm Nitrate. This original Technicolor nitrate print will dazzle your eyes! More screenins at: https://www.eastman.org/november-nitrate-weekend-0