

October

MON	TUE	WED	THU	FRI
28 SUKKOT 11a Game of the Month: Banangrams 12p Monday Munch Bunch: Birthday Edition 2p Movie Monday: Clue 4p Effortlessly Healthy Meal	29 SUKKOT 11:30a Guided Meditation 1p Healthy Habits Check-in 1:30p Walking Club: Campus Sukkah Hop 3p Singing in the Sukkah w/ Rabbi Silvana	30 SUKKOT 11a Harvest Entry Shelf Contest 12p Pizza in the Hut 1p Mahjong 3p Mini Harvest Wreaths	1 SUKKOT 11a Autumn Trivia 2p Grove Academy: Voter Registration 3:30p Name that Tune	2 SHEMINI ATZERET 11a Community Sing-Along 1p Croquet Mini Golf 2p Movie: Dumplin'
5 11a Game of the Month: Pictionary 12p Monday Munch Bunch 2p Mini Series Monday: The Queen's Gambit	6 10a Chair Aerobics 11:30a Guided Meditation 1p Walking Club: Tinker Park 3:15p Tai Chi Class	7 10a Golden Milk Morning 11a Fall Garlands 1p Mahjong 1-4p Excursion: RMSC + Planetarium	8 10a Autumnal Photo Walk 11a Resident Advisory Group + Activity Planning Meeting 2p Grove Academy: JSL Symposium 3:15p Tai Chi Class 6:30p Intro to Mahjong w/ June	9 10a Excursion: Frycake tasting @Powers 2p Jeopardy 3p Movie: A Beautiful Day in the Neighborhood
12 11a Game of the Month: Euchre 12p Monday Munch Bunch 2p Mini Series Monday: The Queen's Gambit	13 10a Chair Yoga 11:30a Guided Meditation 1p Walking Club: Meridian Center 3:15p Tai Chi Class	14 11a Make a Mosaic 1p Mahjong 3p Decoupage Cards 4p Mulled Apple Cider 6p Concert: Mid-Century Modern Jazz Quartet	15 2p Grove Academy: Alzheimer's Awareness Presentation 3:15p Tai Chi Class 6:30p Excursion: JCC Center Stage: Come From Away	16 11a Chex Mex Mix with Mike 1p Game Time: Drawful 2p Bingo 4p Oktoberfest Happy Hour
19 11a Game of the Month: Euchre 12p Monday Munch Bunch 2p Mini Series Monday: The Queen's Gambit	20 10a Stretch and Balance 11:30a Guided Meditation 1p Walking Club: Campus 2:30 Pet Therapy 3:15p Tai Chi Class	21 10a Chai Latte Morning 11a Paper Mache Pumpkins 1 1p Mahjong 3p Paper Mache Pumpkins 2	22 10a Fall Trivia 2p Grove Academy: Partners in Reading for Seniors Program 3:15p Tai Chi Class	23 11a Mystery at The Grove 2p Game Time: Fibbage 3p Fabric Collage w/ Sue
26 11a Game of the Month: Euchre 12p Monday Munch Bunch 2p Mini Series Monday: The Queen's Gambit	27 10a Group Fitness Circuit 11:30a Guided Meditation 1p Walking Club: Lilac Grove Art Appreciation 3:15p Tai Chi Class	28 10a Fancy Hot Chocolate Morning 12p Grove Academy + Munch Bunch: What Is Judaism? Religion, Culture, or People? 2p Mahjong	29 10a Excursion: Lamberton Conservatory 2p Grove Academy w/Carl: Prescription Hearing Aids 3:15p Tai Chi Class 6:30p Book Club	30 11a Cardio Drumming 2p Game Time: Lie Swatter 3p Pumpkin Bowling

2026

Calendar Key

Mondays – Community: Social connection. | **Tuesdays** – Wellness: Fitness, mindfulness, and healthy living. | **Wednesdays** – Creativity: Arts, crafts, music, and self-expression. | **Thursdays** – Learning & Discovery: Workshops, lectures, and technology. | **Fridays** – Fun & Celebration: Themed socials, entertainment, and celebrations. **MEETING PLACES** – All Lilac Grove activities take place in the Community Room, except where otherwise noted.



Around Town

Oct 3, 9AM-Noon Secure Document Shredding & Electronics Recycling Event at the Highway Department Parking lot, 1941 Elmwood Ave. For a list of approved items, visit ewaste.com/our-services/residential-recycling/.

Oct 9-11 10AM-4PM Flower City Pottery Invitational A unique opportunity for collectors, clay lovers, and anyone who appreciates finely crafted, handmade work to meet and talk with 20 masters of the field and see a large body of their work. Visit flowercityarts.org for more info.

Oct 9-12 Gateway Music Festival Celebrate the depth, range, and expansion of Black artistry in classical music. Timmes and artist details are at gatewaysmusicfestival.org/fall-festival-2026.