

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Meeting Places FP Front Patio GR Great Room Grill Grill LDR Lodge Dining Room LG Lodge Garden LTV Lodge TV Room			01 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a "Miracle: The Boys of '80" LTV 12:00p Lunch LDR 1:00p Painting Class LTV 2:30p Assorted Cookies LDR 3:00p Roc Dog LTV 4:30p Dinner LDR 5:30p "Forrest Gump" LTV	02 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Trivia LTV 12:00p Lunch LDR 1:30p Music w/ Donna LDR 2:30p Assorted Chips LDR 3:00p Broadway Bob LTV 4:30p Dinner LDR 5:30p Netflix LTV	03 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Red White & Blue Craft LTV 12:00p Lunch LDR 1:30p 4th of July Party! LTV 3:00p Music w/ Hilton LTV 4:30p Dinner LDR 5:30p Residents' Choice LTV	Independence Day 04 8:00a Breakfast LDR 10:00a Exercise LTV 12:00p Lunch LDR 2:00p Side By Slide w/ Chriss LTV 2:30p Red White Blue Jello LDR 4:30p Dinner LDR 5:30p AGT LTV
05 8:00a Breakfast LDR 10:00a Exercise LTV 12:00p Lunch LDR 2:30p Pudding Cups LDR 3:00p Puzzles/Coloring LTV 4:30p Dinner LDR 5:30p Hallmark LTV	06 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Sing A-Long with Joe GR 12:00p Lunch LDR 1:30p Music w/ Allen LTV 2:30p Nutrigrain Bars LDR 3:00p Tasting History LTV 4:30p Dinner LDR 5:30p "I Love Lucy" LTV	07 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Creating Memories LTV 12:00p Lunch LDR 1:30p Bubbles and Bops LTV 2:30p Fresh Fruit Cups LDR 3:00p Brain Games LTV 4:30p Dinner LDR 5:30p Netflix LTV	08 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Walking Club FP 12:00p Lunch LDR 1:00p Painting Class LTV 2:30p Fresh Cookies LDR 3:00p David Orange Talks LTV 4:30p Dinner LDR 5:30p "Top Gun: Maverick" LTV	09 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Trivia LTV 12:00p Grill Luncheon w/ Kit Grill 1:30p Music w/ Donna LDR 2:30p Smoothies LDR 3:00p "Bee-ing Bee-autiful" LTV 4:30p Dinner LDR 5:30p Netflix LTV	10 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Name That Tune LTV 12:00p Lunch LDR 1:30p Bingo LDR 2:30p Ice Cream Cart LDR 3:00p Puzzles/Coloring LTV 4:30p Dinner LDR 5:30p Residents' Choice LTV	11 8:00a Breakfast LDR 10:00a Exercise LTV 12:00p Lunch LDR 2:30p Yogurt Cups LDR 3:00p FaceTime w/ Family LDR 4:30p Dinner LDR 5:30p AGT LTV
12 8:00a Breakfast LDR 10:00a Exercise LTV 12:00p Lunch LDR 1:30p Music w/ Allen LTV 2:30p Oreos LDR 3:00p Balloon Tennis LTV 4:30p Dinner LDR 5:30p Hallmark LTV	13 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Sing A-Long with Joe GR 12:00p Lunch LDR 1:30p Music w/ Melinda LTV 2:30p Birthday Social/MR LDR 3:00p Tasting History LTV 4:30p Dinner LDR 5:30p "I Love Lucy" LTV	14 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Name That Tune LTV 12:00p Lunch LDR 1:30p Crafting Corner LTV 2:30p Fresh Fruit Cups LDR 3:00p Brain Games LTV 4:30p Dinner LDR 5:30p Netflix LTV	15 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Walking Club FP 12:00p Lunch LDR 1:00p Painting Class LTV 2:30p Ice Cream Bar LDR 3:00p Roc Dog LTV 4:30p Dinner LDR 5:30p "League of Our Own" LTV	16 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Music w/ Standard Time LTV 12:00p Lunch LDR 1:30p Music w/ Donna LDR 2:30p Milkshakes LDR 3:00p "American Short Stories" LTV 4:30p Dinner LDR 5:30p Netflix LTV	17 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Balloon Tennis LTV 12:00p Lunch LDR 1:30p Bus Ride LTV 2:30p Ice Cream Cart LDR 3:00p Puzzles/Coloring LTV 4:30p Dinner LDR 5:30p Residents' Choice LTV	18 8:00a Breakfast LDR 10:00a Exercise LTV 12:00p Lunch LDR 2:00p Side By Slide w/ Chriss LTV 2:30p Fruit Cups LDR 4:30p Dinner LDR 5:30p AGT LTV
19 8:00a Breakfast LDR 10:00a Exercise LTV 12:00p Lunch LDR 2:30p Pudding Cups LDR 3:00p Puzzles/Coloring LTV 4:30p Dinner LDR 5:30p Hallmark LTV	20 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Sing A-Long with Joe GR 12:00p Lunch LDR 1:30p Music w/ Road Less Traveled LTV 2:30p Nutrigrain Bars LDR 3:00p Horticultural Therapy w/ Bambi LG 4:30p Dinner LDR 5:30p "I Love Lucy" LTV	21 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Music w/ John LTV 12:00p Lunch LDR 1:30p Bubbles and Bops LTV 2:30p Fresh Fruit Cups LDR 3:00p Brain Games LTV 4:30p Dinner LDR 5:30p Netflix LTV	Night of Tisha B'Av 22 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Walking Club FP 12:00p Lunch LDR 1:00p Painting Class LTV 2:30p Fresh Cookies LDR 3:00p Name That Tune LTV 4:30p Dinner LDR 5:30p "Remember the Titans" LTV	Tisha B'Av 23 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Music w/ Standard Time LTV 12:00p Take Out Lunch (Outdoor Picnic) LTV 1:00p Trivia LTV 2:30p Smoothies LDR 3:00p "Bee-ing Bee-autiful" LTV 4:30p Dinner LDR 5:30p Netflix LTV	24 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Name That Tune LTV 12:00p Lunch LDR 1:30p Bus Ride LTV 2:30p Ice Cream Cart LDR 3:00p Puzzles/Coloring LTV 4:30p Dinner LDR 5:30p Residents' Choice LTV	25 8:00a Breakfast LDR 10:00a Exercise LTV 12:00p Lunch LDR 2:30p Jello Cups LDR 3:00p FaceTime w/ Family LDR 4:30p Dinner LDR 5:30p AGT LTV
26 8:00a Breakfast LDR 10:00a Exercise LTV 12:00p Lunch LDR 1:30p Music w/ Allen LTV 2:30p Fruit Cups LDR 3:00p Balloon Tennis LTV 4:30p Dinner LDR 5:30p Hallmark LTV	27 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Sing A-Long with Joe GR 12:00p Lunch LDR 1:00p Communion Services GR 1:30p Music w/ Melinda LTV 2:30p Sun Chips LDR 3:00p Tasting History LTV 4:30p Dinner LDR 5:30p "I Love Lucy" LTV	28 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Music w/ John LTV 12:00p Lunch LDR 1:30p Discussion LTV 2:30p Fruit Cups LDR 3:30p Christian Worship Services GR 4:30p Dinner LDR 5:30p Netflix LTV	29 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Walking Club FP 12:00p Lunch LDR 1:00p Tie Dye Extravaganza! LDR 2:30p Snack LTV 4:30p Dinner LDR 5:30p "O Brother Where Art Thou?" LTV	30 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Trivia LTV 12:00p Lunch LDR 1:30p Music w/ Donna LDR 2:30p Milkshakes LDR 3:00p American Short Stories LTV 4:30p Dinner LDR 5:30p Netflix LTV	31 8:00a Breakfast and Chronicles LDR 9:30a Exercise LTV 10:30a Balloon Tennis LTV 12:00p Lunch LDR 1:30p Bingo LTV 2:30p Ice Cream Cart LDR 3:00p Puzzles/Coloring LTV 4:30p Dinner LDR 5:30p Residents' Choice LTV	Dimensions of Wellness  Physical  Emotional  Spiritual  Environmental  Music  Social  Intellectual  Health Services  Nutritional