











**MAY 2026**      **SUNDAY**      **MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**      **SATURDAY**

- Dimensions of Wellness
-  Physical
  -  Emotional
  -  Spiritual
  -  Environmental
  -  Music
  -  Social
  -  Intellectual
  -  Health Services
  -  Nutritional
  -  Purposeful







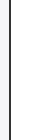














































































































- Meeting Places
- AR** Art Room
  - GR** Great Room
  - Grill** Grill
  - CAR** Summit Creative Arts Room
  - SKD** Summit Kosher Dining
  - WFR** Wolk Family Room
  - W** Wolk Private
  - PDR** Dining Room

**ALL EVENTS ARE SUBJECT TO CHANGE**

Refer to Daily Calendars and/or In-House TV Ch.

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**Programs with a " \* " Require Sign-Up in Advance!**

						<b>01</b> 10:30  Exercise GR 1:00  Springtime Smoothies GR 1:30  Virtual Reality GR 3:00  May Craft- Derby Hats CAR 7:00  Movie: Holiday in the Wind GR	<b>02</b> 10:30  Exercise GR 2:00  TV Series: Agatha Christie's Seven Dials GR 6:30  Movie: The Summer Book GR
<b>03</b> 10:30  Exercise GR 2:00  TV Series: Agatha Christie's Seven Dials GR 6:30  Movie: Green Card GR	<b>04</b> 10:30  Sing A-Long with Joe GR 2:00  Broadway Bob GR 3:15  Cinco De Mayo Music GR 6:30  Movie: Coda GR	<b>05</b> 10:30  Exercise GR 2:00  Painting 101 GR 3:15  Jewish Music & Mysticism GR 6:30  Movie: Denial GR	<b>06</b> 11:00  Food Forum GR 1:00  Podiatry: Group 2 W PDR WFR 1:30  Drive though Lilac Festival GR 3:15  Live Music with Remember When GR 6:30  Movie: The Penguin Lessons GR	<b>07</b> 10:30  Tasty Tidbits GR 2:00  Painting 101 AR 3:15  BINGO GR 6:30  Movie: Merrily We Roll Along GR	<b>08</b> 10:30  Exercise GR 1:00  Springtime Smoothies GR 2:00  Larry Shearer: Music & Life of Johnny Mathis GR 7:00  Movie: Blue Miracle GR	<b>09</b> 10:30  Exercise GR 2:00  Jack Jammers GR 6:30  Movie: Living GR	
<b>10</b> Mother's Day 10:30  Exercise GR 12:00  Mother's Day Brunch SKD 2:00  TV Series: Agatha Christie's Seven Dials GR 6:30  Movie: Out of Africa GR	<b>11</b> 10:30  Sing A-Long with Joe GR 2:00  Live Music with Allen GR 3:15  Clay Class AR 6:30  Movie: De-Lovely GR	<b>12</b> 10:30  Exercise GR 2:00  Painting 101 GR 3:15  Thoughts with David Orange: The Right of Spring GR 6:30  Movie: The Room Next Door GR	<b>13</b> 10:30  Exercise GR 2:00  Birthday Party GR 3:00  ROC Dog Visitor WFR 6:30  Movie: Age of Adaline GR	<b>14</b> 10:30  Torah & Tea GR 2:00  Boggle GR 3:15  Live Music with Bonnie GR 7:00  BINGO with Nancy GR	<b>15</b> 10:30  Exercise GR 1:00  Springtime Smoothies GR 2:00  Friendly Faces with Kristi GR 7:00  Movie: Benji GR	<b>16</b> 10:30  Exercise GR 2:00  TV Series: The Staircase GR 6:30  Movie: Quartet GR	
<b>17</b> 10:30  Exercise GR 2:00  TV Series: The Staircase GR 6:30  Movie: Sarah's Oil GR	<b>18</b> 10:30  Sing A-Long with Joe GR 1:00  Catholic Communion GR 1:30  Horticulture with Bambi GR 3:15  Clay Class AR 6:30  Movie: Patch Adams GR	<b>19</b> 10:30  Exercise GR 2:00  Painting 101 GR 3:15  Jewish Learning with Silvana GR 6:30  Live Music with Morgan Hey GR	<b>20</b> 10:30  Exercise GR 2:00  Virtual Reality GR 3:15  Live Music with John Williams GR 6:30  Movie: Danny Collins GR	<b>21</b> Night of Shavuot 10:30  Exercise GR 12:00  Luncheon Grill 2:00  Painting 101 GR 3:15  Town Hall GR 6:30  Movie: 27 Nights GR	<b>22</b> Shavuot 10:30  Exercise GR 1:00  Springtime Smoothies GR 2:00  Memorial Prayers GR 7:00  Movie: Find Me Falling GR	<b>23</b> Shavuot 10:30  Exercise GR 2:00  TV Series: The Staircase GR 6:30  Movie: Mystic Pizza GR	
<b>24</b> 10:30  Exercise GR 2:00  TV Series: The Staircase GR 6:30  Movie: Sam & Kate GR	<b>25</b> Memorial Day 10:30  Sing A-Long with Joe GR 2:00  Live Music with Dave Turner GR 6:30  Movie: The Jazz Singer GR	<b>26</b> 10:30  Exercise GR 2:00  Painting 101 GR 3:30  Christian Services GR 6:30  Movie: Wildlife GR	<b>27</b> 10:30  Exercise GR 2:30  Live Music with Josh Shapiro GR 3:00  ROC Dog Visitor WFR 6:30  Movie: The Company Men GR	<b>28</b> 10:30  Exercise GR 2:00  Travelogue with Beth: North & South Pole GR 3:15  Brain Teasers GR 7:00  BINGO with Nancy GR	<b>29</b> 10:30  Exercise GR 1:00  Springtime Smoothies GR 2:00  Zoo Mobile GR 7:00  Movie: Parkland GR	<b>30</b> 10:30  Exercise GR 2:00  TV Series: The Staircase GR 6:30  Movie: Stranger than Fiction GR	
<b>31</b> 10:30  Exercise GR 2:00  TV Series: The Staircase GR 6:30  Movie: The Choice GR							