







Mon	Tue	Wed	Thu	Fri
			Program Closed. 1 	2 9:00 am Coffee Hour & Activity Cart 9:30 am News and Views 10:00 am Morning Movie: Grumpy Old Men 11:30 am Lunch 12:00 pm Member social time 12:15 pm Reading Group 1:00 pm Give Me 5 1:30 pm Ice Cream Cart 2:00 pm Open Recreation
9:00 am Coffee Hour & Activity Cart 5 9:30 am News and Views 10:00 am Chair exercises 10:30 am Let's learn about cranes 11:30 am Lunch 12:00 pm Member social time 12:15 pm Writing Group 1:00 pm Bingo! 1:30 pm Snack Cart 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 6 9:30 am News and Views 10:00 am Deal or No Deal 11:30 am Lunch 12:15 pm Gift Shop Cart 12:15 pm Music Appreciation Group Gift Shop Cart 1:00 pm Mystery Bag 1:30 pm Ice Cream Cart 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 7 9:30 am News and Views 10:00 am Art Cart: Weekly craft 10:30 am Dart Ball 11:30 am Lunch 12:00 pm Member social time 12:15 pm Men's group 12:45 pm African Drumming 2:00 pm Open Recreation 	9:00 am Coffee Hour & Activity Cart 8 9:30 am News and Views 10:00 am Guess the real vs. AI image <i>*New*</i> 10:30 am Elvis Bingo 11:30 am Lunch 12:00 pm Member social time 12:15 pm Worship group 1:00 pm Zumba with Denise 1:30 pm Snack Cart 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 9 9:30 am News and Views 10:00 am Chair exercises 10:30 am Finish the lyrics <i>*New*</i> 11:30 am Lunch 12:00 pm Member social time 12:15 pm Reading Group 1:00 pm Plinko 2:00 pm Open Recreation <i>*Small group out to lunch at The Golden Corral*</i>
9:00 am Coffee Hour & Activity Cart 12 9:30 am News and Views 10:00 am Chair exercises 10:30 am Family Feud  11:30 am Lunch 12:00 pm Member social time 12:15 pm Writing group 1:00 pm Speed Quiz: Letter challenge <i>*New*</i> 1:30 pm Snack Cart 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 13 9:30 am News and Views 10:00 am Chair exercises 10:30 am Armchair Travel: Brazil 11:30 am Lunch 12:15 pm Music Appreciation Group 12:15 pm Gift Shop Cart 1:00 pm Worship Services 1:30 pm Junk Drawer Detectives 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 14 9:30 am News and Views/ Roc dogs visit 10:00 am Morning Move: Dirty Dancing 11:30 am Lunch 12:00 pm Member social time and small group games 12:15 pm Men's Group 1:00 pm Bingo! 1:30 pm Ice Cream Cart 2:00 pm Open Recreation <i>* Small group outing to Trader Joe's*</i>	9:00 am Coffee Hour & Activity Cart 15 9:30 am News and Views 10:00 am Jeopardy! 11:30 am Lunch 12:15 am Worship group 12:45 pm Live music with Fred and Harmony 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 16 9:30 am News and Views 10:00 am Art Cart: Weekly Craft 11:30 am Lunch 12:00 pm Member social time 12:15 pm Reading Group 1:00 pm Bingo! 1:30 pm Snack Cart 2:00 pm Open Recreation
Program Closed. 19  Martin Luther King Jr. 1929 - 1968	9:00 am Coffee Hour & Activity Cart 20 9:30 am News and Views 10:00 am Art Cart: Weekly Craft 11:30 am Lunch 12:15 pm Music Appreciation Group Gift Shop Cart 1:00 pm Bingo! 1:30 pm Mystery Bag 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 21 9:30 am News and Views 10:00 am Chair exercises 10:30 am Let's learn about cougars 11:30 am Lunch 12:00 pm Member social time and small group games 12:15 pm Men's group 1:00 pm Bingo 1:30 pm Snack Cart 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 22 9:30 am News and Views 10:00 am Chair Exercise 10:30 am Let's reminisce 11:30 am Lunch 12:15 am Worship group 12:45 pm Celebrate January Birthdays with ice cream and live music by the Steve West Trio 2:00 pm Open Recreation 	9:00 am Coffee Hour & Activity Cart 23 9:30 am News and Views 10:00 am Chair exercises 10:30 am How good is your knowledge of animals? <i>*New*</i> 11:30 am Lunch 12:00 pm Member social time 12:15 pm Reading Group 1:00 pm Trivia 1:30 pm Snack cart 2:00 pm Open Recreation
9:00 am Coffee Hour & Activity Cart 26 9:30 am News and Views 10:00 am Balloon Volleyball 10:30 am Word Man! 11:00 am Community Meeting 11:30 am Lunch 12:00 pm Member social time 12:15 pm Writing group 12:45pm Live music with Lee K. Duo 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 27 9:30 am News and Views 10:00 am Chair exercises 10:30 am Armchair Travel: Shanghai 11:00 pm Advisory Council 11:30 am Lunch 12:15 pm Music Appreciation Group Gift Shop Cart 1:00 pm Bingo! 1:30 pm Junk Drawer Detectives 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 28 9:30 am News and Views 10:00 am Jeopardy!/ ROC dogs visit 11:30 am Lunch 12:00 pm Member social time and small group games 12:15 pm Men's group 1:00 pm Bingo 1:30 pm Snack cart 2:00 pm Open Recreation	9:00 am Coffee Hour & Activity Cart 29 9:30 am News and Views 10:00 am Morning Movie: Dennis the Menace 11:30 am Lunch 12:15 am Worship group 1:00 pm Yoga with Denise 1:30 pm Snack cart 2:00 pm Open Recreation <i>*Small group outing to Dollar Tree*</i>	9:00 am Coffee Hour & Activity Cart 30 9:30 am News and Views 10:00 am Art Cart: Weekly Craft 11:30 am Lunch 12:00 pm Member social time 12:15 pm Reading Group 1:00 pm Guess the famous person <i>*New*</i> 1:30 pm Ice Cream Cart 2:00 pm Open Recreation